

Not Recommended

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

No Apologies: The Truth about Love, Life, and Sex (1998)

Video (30 min)

Target audience: ages 14 and up

Cost: \$ 20.00

Focus on the Family

Colorado Springs, CO 80995

800-232-6459

The Minnesota Sexuality Education Resource Review Panel **Does Not Recommend the use of this video for the following reasons:**

The video features a “MTV-rock” style format. Its abstinence-only message is based on worst-case scenarios, anecdotes and inaccurate, partial information. The video does not teach decision-making skills, it only focuses on shaming and scare tactics. It portrays sex as leading to suicide, domestic violence, rape, and abortion. Also, it reinforces gender stereotypes by placing all of the sexual responsibility on the female. There is no discussion of any sexual orientation other than heterosexuality. Furthermore, the only people of color included in the video are used to represent the negative consequences of sexual intercourse such as promiscuity and contracting HIV/AIDS or other STIs.

This is a very destructive video for high-risk teenagers because it does not send any messages that a person can rebound from or correct a mistake. It does not enhance self-esteem, but rather may diminish it. Also, no one who is a survivor, or at risk for, abuse/violence/or emotional/mental health issues should see this video, as it confuses issues of assault, abuse and mental health with the negative “consequences” of sex. Moreover, it gives counseling a negative image. These reasons lead the Minnesota Sexuality Education Resource Review Panel to reject this video as a viable resource for sexuality education.

No Apologies: The Truth about Love, Life and Sex

Focus on the Family

Review Criteria

	Mean Score
1. Technically accurate and up-to-date	1.3
2. Gender Fair	1.3
3. Sexuality Positive	1.0
4. Developmentally appropriate for age	2.2
5. Racially, ethnically, culturally non-biased	1.1
6. Sound educational methodology	1.5
7. Educational messages/strategies provided for learners at all points of risk continuum	1.9
8. Addresses the needs of all learners, including those with physical, cognitive or emotional disabilities.	1.9
9. Teacher-friendly	2.0

Scoring is based on a 5 point Likert scale, from poor (1) to excellent (5). The mean (average) is based on the assessments of the panel members who were present to review the material 02/01.

Panel Recommendations for Appropriate Audiences

Potential Audience	Recommend	Reject
General Audiences (Community groups, civic organizations, businesses, churches, community education)	0	30
School Settings (PK-3, 4-6, 7-9, 10-12, college/adult, DD/EBD, teachers, school boards, school administrators, all personnel, youth groups)	0	32
Individual/Group Counseling (Health/social service clients at high risk and the professionals who serve them)	0	32
Multicultural/Inclusive Audiences (Addresses needs of communities of color; issues of sexual orientation, gender, disability)	0	32
Other (Describe)	0	11