

## Join MOAPPP today!

Become a MOAPPP member and be a part of the largest organization in Minnesota dedicated to adolescent pregnancy prevention and adolescent parent support. Member benefits include the following:

- A complimentary copy of a 'must have' adolescent pregnancy prevention/parenting resource each year of membership.
- Advance notice and reduced rates for MOAPPP sponsored trainings and the MOAPPP annual conference.
- Subscription to the semi-annual *MOAPPP Monitor* and the electronic *MOAPPP E-monthly* filled with current information about upcoming events, best practices, research and resources.
- Access to MOAPPP's library that contains a variety of media related to adolescent sexual health, adolescent pregnancy prevention and adolescent parenting topics.
- Opportunity to preview adolescent sexual health curriculum recommended by the Minnesota Sexuality Education Resource Review Panel (MSERRP), Minnesota's federal review panel required by the CDC

Plus more...



### MOAPPP offers membership at three levels:

Organization (includes up to five staff) \$150 per year, Individual \$50 per year and Student \$25 per year.

To join today...go to MOAPPP's website at [www.moappp.org](http://www.moappp.org) and click on *Become a Member* or call 651-644-1447 ext 10.



Minnesota Organization on  
Adolescent Pregnancy, Prevention and Parenting  
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# MOAPPP

## Training and Education Calendar

### JANUARY – JUNE 2011



MINNESOTA ORGANIZATION ON ADOLESCENT  
PREGNANCY, PREVENTION AND PARENTING



[www.moappp.org](http://www.moappp.org)

MOAPPP is dedicated to developing and strengthening policies and programs that promote adolescent sexual health, prevent adolescent pregnancy and support adolescent parents. MOAPPP provides resources, training, education and advocacy throughout Minnesota on what works to prevent adolescent pregnancy and support adolescent parents.

**Meeting the Unique Needs of Adolescent Mothers and Fathers**  
February 24, 2011 • 9:00 a.m. – 4:00 p.m.  
Minnesota Department of Education  
Roseville, MN  
\$75 MOAPPP Member / \$110 Non-member

Adolescent parent programs strive to facilitate long-term self-sufficiency, build parenting capacity and ensure the healthy growth and development of the children born to young parents. This workshop examines adolescent development; national and state data related to adolescent parents; systems that impact adolescent parents; strengths, opportunities and challenges young parents bring to their new role; and current research on best practices for working with adolescent parents. Participants will also learn practical tips for helping adolescent parents understand their children's perspective, fun ways to communicate parenting concepts, and other activities for use with young families.

**It's That Easy! A Guide to Raising Sexually Healthy Children: Facilitator Training**  
March 14-15, 2011 • 8:30 a.m. – 4:00 pm  
Plato Conference Center, St. Paul, MN  
\$75 MOAPPP Member / \$110 Non-member

If you work with parents/caregivers of children aged birth to 18, you are in a unique position to support them in their critical role as sexuality educators for their children. However, sexuality is not always easy to discuss. Come learn tools and techniques to engage parents/caregivers in developmentally appropriate approaches to raising sexually healthy children.

Participants receive the *It's That Easy* manual, a comprehensive guide designed to help you work with parents in your community.

*This training is offered at a reduced fee thanks to a grant from the Minnesota Department of Education.*

**MOAPPP's 20th Annual Conference**  
May 5-6, 2011

Earle Brown Heritage Center, Brooklyn Center, MN

MOAPPP's Annual Conference offers two days of dynamic speakers, challenging workshops and countless opportunities for networking and conversation. Detailed program information and registration will be available February 2011.

**Teen Pregnancy Prevention 101**  
June 21, 2011 • 9:00 a.m. – 3:30 p.m.  
Center for Performing Arts, Minneapolis, MN  
\$75 MOAPPP Member / \$110 Non-member

This training is intended for professionals new to the field of adolescent pregnancy prevention. Participants review the basics of adolescent pregnancy prevention including pregnancy, birth and STI statistics; trends in adolescent pregnancy and sexual behaviors; basics of adolescent growth and development; risk and protective factors associated with adolescent pregnancy; and prevention strategies that work. Each participant will leave with a basic understanding of current research and resources, what to do to promote adolescent sexual health and where to go for more information and support. This training is offered twice a year at various locations across Minnesota.

This calendar reflects MOAPPP's training and educational opportunities offered January through June 2011. Detailed program information and registration materials are available on the MOAPPP website, [www.moappp.org](http://www.moappp.org), six weeks prior to each event.

We invite you to take advantage of these opportunities to gain valuable information, build your capacity to provide effective services and programs, and network with other youth serving professionals from around the state.

If you have questions or need additional information, please contact MOAPPP at [moappp@moappp.org](mailto:moappp@moappp.org) or 651.644.1447 x10.

**Registration:** Detailed program information and registration materials are available on the MOAPPP website, [www.moappp.org](http://www.moappp.org), six weeks prior to each event.

**Cancellation Policy:** Full refunds will be provided for cancellations received by MOAPPP at least one week prior to the training. No refunds will be given after that time. To cancel, contact MOAPPP at 651.644.1447 x10, 1.800.657.3697, fax 651.644.1417 or by e-mail at [moappp@moappp.org](mailto:moappp@moappp.org).

## Training and Capacity Building Menu

MOAPPP staff provides interactive, skills-building statewide trainings to increase the capacity of youth serving professionals and organizations. As a compliment to MOAPPP trainings, customized technical assistance is also available by request. Please contact MOAPPP to discuss our base rate for trainings and technical assistance. See the *Training* link on our website for more information, or contact MOAPPP at 651.644.1447 x10, 1.800.657.3697, fax 651.644.1417 or by e-mail at [moappp@moappp.org](mailto:moappp@moappp.org).

### Evidence-Based Programs

MOAPPP trains on a variety of evidence-based curricula. These highly interactive, **2 ½ day** trainings include a copy of the curriculum, as well as accompanying materials like student workbooks, video clips, and activity kits.

**¡Guidate!** – Designed for Latino youth ages 13-18, this curriculum emphasizes waiting to have sex and condom use while highlighting cultural values that support safer sex, and reframes cultural values that are perceived as barriers to safer sex.

**Making Proud Choices** – This 8-module curriculum, designed for youth ages 11-13, emphasizes waiting to have sex or using condoms if young people choose to have sex.

**Safer Choices** – This curriculum is taught in grades 9 and 10. Safer Choices involves teachers, parents, and community members to have a positive influence on adolescents' decisions regarding sex and help them feel supported in making healthy choices.

**Teen Outreach Program** – Designed for youth ages 12-19, this program incorporates a strong service-learning component based on principles of youth development to prevent adolescent pregnancy and help youth succeed in school.

### Other Training and Presentation Topics

**Teen Pregnancy Prevention 101**  
Participants review pregnancy, birth and STI statistics; trends in adolescent pregnancy and sexual behaviors; basics of adolescent growth and development; risk and protective factors associated with adolescent pregnancy; and prevention strategies that work. **(full day)**

**It's That Easy**  
This training, for professionals who work with parents/caregivers of children aged birth to 18, demonstrates tools and techniques to engage parents in developmentally appropriate approaches to raising sexually healthy children. Participants receive the *It's That Easy* manual, a comprehensive guide for work with parents. **(2 days)**

**Meeting the Unique Needs of Adolescent Mothers & Fathers**  
This workshop examines adolescent development; systems that impact adolescent parents; strengths, opportunities and challenges young parents bring to their new role; and data and current research on best practices for working with adolescent parents. Participants will also learn practical tips for helping adolescent parents understand their children's perspective and fun ways to communicate parenting concepts. **(half or full day)**

**What About the Baby?**  
his workshop focuses on the importance of relationship – between adolescent parents and their children and between young families and the professionals who work with them. Participants will gain insight into the strengths and challenges faced by young parents, the competing developmental agendas of adolescent parents and their children, and strategies for promoting relationships that lead to the healthy development of both parent and child. **(full day)**

**Getting to Outcomes: A Step-by-Step Process to Prevent Adolescent Pregnancy**  
Participants are guided through the Getting to Outcomes (GTO) framework, a process that helps practitioners use an evidence-based approach to plan, implement, evaluate and improve programs. GTO connects these essential ingredients for effective prevention programs. **(full day)**

**Conducting a Community Needs Assessment**  
Participants will understand how to better assess the populations they serve, including examining cultural values and norms, in order to better select, adapt, and implement evidence-based adolescent pregnancy, HIV/STI prevention programs. **(full day)**

**Developing a BDI Logic Model**  
Participants will understand how to develop BDI (Behavior-Determinant-Intervention) logic models to design and use programs to prevent adolescent pregnancy and HIV/STD. Participants apply the concepts of risk and protective factors to build their own BDI logic model. **(full day)**

**Program Evaluation Basics**  
Participants will increase their ability to evaluate the effectiveness of adolescent sexual health programs by using basic evaluation tools, and use evaluation information to make appropriate program modifications by preparing an evaluation report. **(full day)**

**Recipe for Success: Insight into Program Fidelity and Adaptation**  
Participants will learn about practical tools and resources to guide them in maintaining fidelity to core components of evidence-based curricula and make effective adaptations, and will come to understand why funders and decision-makers stress fidelity. **(full day)**

**CQI/Program Sustainability**  
Participants learn how to conduct Continuous Quality Improvement (CQI) to strengthen their programs and plan for program sustainability. Participants will describe how CQI leads to program sustainability and develop a program sustainability action plan. **(full day)**

**Developing Adolescent Parent Programs**  
Participants learn about program components necessary to provide support for both adolescents parents and their children. **(half day)**

**Developing Programs for Young Fathers**  
Participants learn key components to designing programs for young fathers as well as techniques to recruit and retain program participants. **(half day)**