

MOAPPP's 16th Annual Conference

BROADENING OUR PERSPECTIVE
refining our approach

May 3-4, 2007

Earle Brown Heritage Center, Brooklyn Center, MN



Minnesota Organization on
Adolescent Pregnancy, Prevention and Parenting

MOAPPP's 16th Annual Conference

BROADENING OUR PERSPECTIVE *refining our approach*

MOAPPP's 16th annual conference challenges us to **BROADEN OUR PERSPECTIVE** — to reflect on conventional wisdom and current assumptions about the youth we serve and the work we do — and **refine our approach** to better match the realities and opportunities that exist today. Through keynote presentations, workshops and informal conversation, we will search for answers to a wide range of complex issues such as:

- Why some teens may choose pregnancy and parenthood
- How to use the power of the media to promote our message
- What drives teens' decisions about contraception
- How parents can be part of the prevention equation
- How sexual violence, teen pregnancy and parenting are interconnected
- How culture impacts the mind, body and soul of the youth we serve

BROADENING OUR PERSPECTIVE: *refining our approach* will convene people from across Minnesota who share a passion and commitment to young people, but who bring different knowledge, perspectives and experiences to the conversation. We need to hear from those who have worked in the field for years, as well as those at the threshold of their careers. New realities bring new promise, pose new concerns and demand new responses. As we learn more about the lives and minds of young people, we are challenged to modify our practice, move out of our comfort zones and offer programs and services that truly meet the needs of the youth and families in our communities.

2007 Conference Goals

The goals of the 2007 MOAPPP Conference are to:

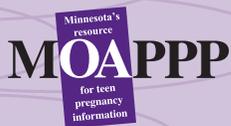
- Impart new information that improves participants' capacity to provide effective services and programs.
- Share science-based approaches and innovative programs to prevent teen pregnancy and support adolescent parents.
- Highlight specific strategies for working with youth at greatest risk of pregnancy.
- Provide opportunities for participants to network with other youth serving professionals from around the state.
- Inspire and renew participants' energy and commitment to this important work.

Conference at a Glance

Thursday, May 3, 2007		Friday, May 4, 2007	
7:30 - 8:30	Registration and Continental Breakfast, Exhibits, Poster Sessions and Networking	7:30 - 8:30	Registration and Continental Breakfast, Exhibits, Poster Sessions and Networking
8:30 - 8:45	Welcome	8:30 - 8:45	Welcome
8:45 - 9:45	Keynote Address <i>Promises I Can Keep: Why Poor Women Put Motherhood Before Marriage</i> Kathryn Edin, PhD	8:45 - 9:45	Keynote Address <i>The Power of You: Creating and Sustaining Positive Change</i> Verna Cornelia Price, PhD
9:45 - 10:15	Exhibits, Poster Sessions and Networking	9:45 - 10:15	Exhibits, Poster Sessions and Networking
10:15 - 11:30	Workshops Session A	10:15 - 11:30	Workshops Session C
11:30 - 1:15	Lunch and Keynote Address <i>Framing the Issues We Care About</i> Lawrence Wallack, DrPh	11:30 - 1:00	Lunch and MOAPPP Highlights
1:15 - 1:30	Break	1:00 - 1:15	Break
1:30 - 4:00	Workshops Session B <i>Extended sessions</i>	1:15 - 2:30	Workshops Session D
4:00 - 5:30	Reception and MOAPPP Awards Ceremony	2:30 - 3:00	Youth Performance R.E.A.C.H.
		3:00	Conference Adjourns

MOAPPP's mission

is to develop and strengthen policies and programs that promote adolescent sexual health, prevent adolescent pregnancy and support adolescent parents.



Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting

Keynote Presentations

Promises I Can Keep: Why Poor Women Put Motherhood Before Marriage

Kathryn Edin, PhD, Department of Sociology, University of Pennsylvania



Why do so many poor American youth continue to have children far sooner than most Americans think they should, and in less than ideal circumstances? Kathryn Edin spent five years interviewing low-income, single mothers to answer these questions and learn how they think about marriage and family. Dr. Edin's research offers an intimate look at the lives, desires and

motivations of young people who believe they have little to lose by bearing children at a young age. Dr. Edin's findings have important implications for our work in teen pregnancy prevention and teen parent support. They challenge some of our current assumptions and practices and offer insights into how we can better work with teens who are not being reached by current educational and outreach efforts.

Framing the Issues We Care About: Talking America's Second Language

Lawrence Wallack, DrPh, College of Urban and Public Affairs, Portland State University



While the first language of America is individualism, there is a second language that is less often spoken. This is the language of community and interconnectedness. Americans are fluent in both languages, but are much more comfortable "speaking" individualism than community because it seems more readily

understood. Dr. Wallack will examine the importance of framing our issues by reconnecting with the values that generally underlie social advocacy, highlight how policy and individual storylines change based on the broader political environment, and encourage each of us to fulfill our role as advocates for social change.

The Power of You: Creating and Sustaining Positive Change

Verna Cornelia Price, PhD, J. Cameron and Associates



Do you sometimes wonder if your work is truly making a difference or if you are creating the change you want to see in your community and world? Do you often worry more about what you don't get done than what you do accomplish? In this informative but motivational session, Dr. Verna Cornelia Price provides you with strategies for exploring the power in you and

your ability to create change. Come and be inspired to learn and challenge yourself to create new levels of change in yourself, in your community and in the youth and families you serve.

R.E.A.C.H. (to Restore and Empower African American Youth to Create Hope)



The R.E.A.C.H. peer educators are 15 youth trained and committed to engaging younger youth of their community in positive, creative dialogue around issues of sexuality and reproductive health. Their ultimate goal is to help eliminate teen pregnancy, STIs

and other health disparities affecting the African American community. R.E.A.C.H. brings a creative voice to this mission through drama and spoken word. Join us for an engaging performance that puts a spotlight on teen sexual reproductive health issues and concerns.

Conference Planning Committee

Donna Amidon, Minneapolis Department of Health and Family Support

Rebecca Bedner, Family Tree Clinic

Diane Benjamin, Center for Leadership Education in Maternal and Child Health, School of Public Health, U of M

John Brady, Council for Health Action and Promotion

Kathy Brothen, Minnesota Department of Education

Jocelyn Broyles, MOAPPP

Theresa Davis, Children's Trust Fund, Minnesota Department of Human Services

Doriscile Everett O'Neal, Twin Cities Healthy Start

Gary Greenfield, Minnesota Department of Health

Jan Hayne, Dads Make A Difference

Clarence Jones, Southside Community Health Services

Dresden Jones, Minnesota Coalition Against Sexual Assault

Amy Kodet

Wanda Muhammad, Community Action of Minneapolis

Carolyn Nafstad, Central High School, Mankato

Jenny Oliphant, Healthy Youth Development-Prevention Research Center, U of MN, Division of Adolescent Health and Medicine, Dept. of Pediatrics

Marilyn Colby Rivkin, MOAPPP

Brooke Stelzer, Annex Teen Clinic

Kristi Van Riper

Grit Youngquist, Saint Paul - Ramsey County Department of Public Health

Workshops A

Thursday, 10:15 a.m. - 11:30 a.m.

A1 A Conversation with Kathryn Edin

Kathryn Edin, PhD, Department of Sociology, University of Pennsylvania

Continue the conversation with our keynote speaker Dr. Kathryn Edin. Ask the questions you were unable to ask during the general session. Delve deeper into Dr. Edin's research on why young women choose to become pregnant when they do and discuss how this reality applies to our work in teen pregnancy prevention and teen parent support.

A2 Emergency Contraception and Teens: Using Plan B to Reach a Better Plan A

Donna Amidon, Kristie Anderson and Abbey Sidebottom, Minneapolis Department of Health and Family Support

For many teens, a request for Plan B is what gets them in the clinic door. Once there, we have the opportunity to help them choose a better method for ongoing protection. This session examines the varied circumstances that lead young women to request emergency contraception (EC); how contraceptive adoption evolves; providers' comfort with EC; and clinical decisions about dispensing EC when the risk for pregnancy appears negligible. This workshop relies on evaluation data, case scenarios and discussion to identify strategies for encouraging teens to move from Plan B to abstinence or more reliable methods of contraception.

A3 What's Up with the Guys? Sexual Decision-Making Issues for Teen Males

Ted Sikes, The Family Life Council of Greater Greensboro, North Carolina

Though we know it "takes two", we often forget to focus on the guys. This workshop examines cognitive development, communication, and social and cultural influences that relate to sexual decision-making by adolescent males. This session draws on current research, as well as experience working with diverse groups of teen males through the nationally recognized *Wise Guys* program. Participants have the opportunity to take part in interactive exercises that highlight how cultural expectations of masculinity can lead to risky and even destructive behavior. *An expanded version of this workshop is offered in B5.*

A4 We Agree: Creating a Parenting Plan

Rose Allen, University of Minnesota Extension Service

How can teen parents handle the complexities of raising their child together... especially if they don't live together or have a solid relationship? Often the solution is that one parent, most often the mother, takes full responsibility for the child. We know, however, that children need both parents in their lives. "We Agree: Creating a Parenting Plan" introduces you to a tool that provides a concrete way to help young parents address the challenges of parenting in separate households and increase the likelihood that their child stays connected and cared for by both parents.

A5 Self-Awareness and Self-Love for Better Decision Making

Rachel Navaro, Teen Age Medical Service

The root cause of many choices that lead to teen STIs and unintended pregnancy may not be a lack of knowledge but rather a lack of self-awareness and self-love. With increased self-awareness/love skills, teens are better able to assess information and situations, understand possible benefits and/or negative consequences of their actions, and make decisions based upon what is right for them rather than what is believed by peers, family members or the media. This workshop provides an opportunity for self-reflection and a model for teaching these important skills to young people.

A6 "What's Good": Sexuality Education and Youth Culture

Monica Rodriguez, SIECUS, New York, NY

If you think "What's Good" is a question one asks about items on a menu rather than a common greeting between young people in the U.S. today, join Monica Rodriguez for this hip, fast-paced look at popular culture that saturates young people's daily lives. This workshop examines the impact of youth culture — both positive and negative — on adolescent sexuality, decision-making and behavior, and models effective strategies for integrating youth culture into sexuality education design and delivery. *An expanded version of this workshop is offered in B2.*

A7 Teen Pregnancy Prevention 101

Lisa Turnham, MPH, MOAPPP

This session is designed for professionals new to the field of teen pregnancy and STI prevention. It highlights the basics of teen pregnancy prevention including pregnancy, STI and birth statistics; trends in teen pregnancy and sexual behaviors; risk and protective factors associated with teen pregnancy; and prevention strategies that work. Each participant will leave with a basic understanding of why teen pregnancy is an important issue, what to do to promote adolescent sexual health and where to go for more information and support.

Workshops B

Thursday, 1:30 p.m. - 4:00 p.m.

NEW! Extended workshops (2½ hours each) to allow for more in-depth coverage of these important issues.

B1 Why Poor Women Put Motherhood Before Marriage: Implications for Practice

Kathryn Edin, PhD, Department of Sociology, University of Pennsylvania

This extended session offers the opportunity to focus on the implications of Dr. Edin's research on current practice. How must we refine our approach if we hope to prevent or delay pregnancies of young people who may be choosing to become parents? What kinds of programs would help young people see positive alternatives to early childbearing? And, is this our only goal? Do we need to shift our thinking from a strictly pregnancy prevention model to one that ensures that teens who do get pregnant have healthy pregnancies and healthy babies — and measure success accordingly? These are tough questions with no easy answers. Join the discussion and help chart a path for the future.

B2 "What's Good": Sexuality Education and Youth Culture

Monica Rodriguez, SIECUS, New York, NY

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B3 Countering Normalization of Sexual Harm: Strategies for Teen Pregnancy Prevention

Cordelia Anderson, Sensibilities, Inc.

The normalization of sexual harm, fed by a mainstream media, pornography, new technologies and marketing to children and teens, is related to risky sexual behaviors, desensitization to exploitive behaviors and a diminished value of meaningful relationships. Professionals who work with adolescents and parents, particularly teen parents, are challenged to help teens navigate through these toxic messages and become sexually healthy and responsible. This session shares research, proposes a plan of action and challenges each of us to determine our role in countering normalization of sexual harm with the youth and families we serve.

Friday, May 4, 2007

B4 Media Advocacy: A Strategy for Action

*Lawrence Wallack, DrPh,
College of Urban and Public Affairs,
Portland State University*

Communication is about being a good storyteller. Our issue has great stories, great values and great hopes. But unless we better link these stories with social policies and effectively convey them through the news media, our hopes will remain only hopes. Many of our organizations do not fully take advantage of the potential of the news media to advance policy change. We react to specific news stories or call a journalist with a story idea, but for the most part, we don't use media as an advocacy tool. This workshop presents a compelling argument for creating a media strategy and highlights ways to effectively put the power of the news media to work on behalf of adolescents and young families.

B5 What's Up with the Guys? Sexual Decision-Making Issues for Teen Males

*Ted Sikes, The Family Life Council of
Greater Greensboro, North Carolina*

Though we know it "takes two", we often forget to focus on the guys. This workshop examines cognitive development, communication, and social and cultural influences that relate to sexual decision-making by adolescent males. This session draws on current research, as well as years of experience working with diverse groups of teen males through the nationally recognized and evaluated *Wise Guys* program. Participants have the opportunity to take part in interactive exercises that highlight how cultural expectations of masculinity can lead to risky and even destructive behavior. *This session takes a more in-depth look at the material covered in Session A3.*

Thursday Night Reception & MOAPPP Awards Ceremony

May 3, 2007 4:00 p.m. - 5:30 p.m.

Join us for good food, good music and a great opportunity to network and socialize with other youth serving professionals from around the state. Come and honor the individuals, agencies, policy makers and programs that make outstanding contributions in the areas of adolescent pregnancy prevention and parenting in Minnesota. Hope to see you there!

Workshops C

Friday, 10:15 a.m. - 11:30 a.m.

C1 A Conversation with Verna Cornelia Price

*Verna Cornelia Price, PhD, J. Cameron
and Associates*

Continue the conversation with our keynote speaker Dr. Price. Join her for a more intimate opportunity to ask the questions you were unable to ask during the general session. Learn more about how you can build your personal power, increase your ability to positively influence your life and the world around you... and how you can apply these concepts with the youth you serve.

C2 Public Policy 000: Advocacy for the Truly Intimidated

*Marcia Avner, Minnesota Council
of Nonprofits*

Advocacy on behalf of the youth and families you serve has become an increasingly important and responsible strategy for meeting their needs. It isn't difficult. It isn't mysterious. It isn't expensive. And it works! If the idea of public policy advocacy scares you — get over it! Come to this interactive workshop to learn basic advocacy skills, current lobbying laws and how to get started as an advocate for the people and programs you believe in.

C3 Teaching about Contraception

*Amanda Smalling and Nina Jonson,
West Suburban Teen Clinic*

The decline in the teen pregnancy rate is largely due to increased use of contraception. If we hope to continue this trend, we need to get even better at helping teens become effective "contraceptors." Come learn what methods teens are using today and why they are making these choices. What barriers and advantages do they attribute to the different methods and what common misconceptions exist? New information demands new strategies. The answers to these questions can help guide our educational approach both within clinic and community settings.

C4 When Adolescent Mental Health and Culture Converge

Lissa Jones, African American Family Services

Today's African American youth are bombarded by society's spoken and unspoken definitions of what black is and what it isn't. A lack of understanding about African American history and contribution to the United States, leads to disconnection and lack of self-definition — key elements to building positive self-esteem. If we hope to impact African American youth positively in our work, we must understand the thinking, belief systems and practices of African Americans historically and today. This workshop examines the shaping of adolescent African American minds — 1600 to present, myths of race and culture, and building hope in the 21st Century.

C5 Broadening our Perspectives: Responding to the Latent Effects of Sexual Abuse in Youth

*Laurel Edinburgh, RN, MSN, PNP,
Midwest Children's Resource Center,
Children's Hospitals and Clinics of
Minnesota*

We know that children and adolescents who experience sexual violence are more vulnerable to earlier initiation of sex, sexually transmitted infections and pregnancy. We now need to learn what interventions reduce the likelihood of these consequences. This workshop identifies a range of successful interventions; differences between how males and females disclose abuse and authentic responses to these disclosures; when and how to start anticipatory guidance with youth and parents of youth who have experienced sexual violence; and how to assess these young people's resiliency and target interventions for maximum impact.

C6 Connecting the Dots: Attachment, Parent Child Connectedness and Parent Involvement from Birth To Adolescence

Gloria Ferguson, MPH, Health Start

Sexuality education begins with parents' interactions with their newborns and continues through adolescence and beyond. This highly interactive session shares lessons learned from many years of working with a wide variety of parents and their children. The workshop explores attachment theory, practical ways to encourage secure attachments in infancy, parent-child connectedness through childhood and adolescence, implications for parents' roles as sexuality educators for their children and ideas for engaging parents.

C7 Working with Urban Males: Creating a Healthy Generation of Youth

*Tremayne Williams, Teen Age Medical Service
Fred Evans, Fremont Community Clinic*

Outreach workers and youth advocates from *Seen on da Streets* describe their collaborative efforts to prevent STIs among difficult to reach young urban males. This session focuses on strategies for overcoming barriers to reaching young men, building relationships, teaching about healthy decision-making and motivating them to take responsibility for their health. Fred and Tremayne offer evaluation data and personal insights from their work, and youth advocates share their perspectives on how to effectively work with this population.

Workshops D

Friday, 1:15 p.m. - 2:30 p.m.

D1 Sexual Violence and Teen Pregnancy Prevention

Jude Foster, *Sexual Violence Center*

Dresden Jones, *Minnesota Coalition Against Sexual Assault*

E. Brooke Stelzer, *Amex Teen Clinic*

More is becoming known about the link between a history of sexual abuse and teen pregnancy, as well as how the long-term effects of sexual abuse can complicate teen parenting. This workshop will examine core knowledge about the intersections between sexual violence prevention and teen pregnancy prevention and identify strategies to support youth if they have sexual violence or pregnancy concerns. It will focus both on the primary prevention of sexual violence and teen pregnancy, and on how to work with adolescents who have experienced sexual violence.

D2 Making Sense of Abstinence

Kim Rossow and August Galloway,
Planned Parenthood of MN, ND, SD

Teens are bombarded by the word “abstinence” but often with no contextual meaning, resulting in confusion and annoyance. This workshop prepares educators to teach abstinence, within the context of comprehensive sexuality education, in a way that is accurate, engaging and prepares teens to make informed choices.

D3 Integrating Infant Mental Health Strategies Into Working with Teen Parents and Their Children

Michele Fallon, MSW, *Center for Early Education and Development, University of Minnesota*

Acknowledging that the quality of the relationship between mother and child is the strongest predictor of developmental outcomes, this workshop reviews infant mental health principles and strategies for working with teen parents and their infants and toddlers. By becoming more aware and intentional, we can incorporate infant mental health strategies into everyday moments we spend with parents and their babies — and as a result — promote healthy relationships between them.

D4 Diversity Not Adversity: An Honest Dialogue about Differences

Clarence Jones, *Southside Community Health Services*

We all talk about how our world is changing. What we don't always talk about is how we feel about these changes and the impact they have on the work we do. Using interactive exercises, this session will create an atmosphere where we can have a candid conversation on how to effectively embrace diversity without fear of losing our souls (sense of self, history, traditions, values, etc). We will have an honest conversation about our changing world and how we can utilize these changes for positive growth.

D5 Risk and Protective Factors: The Impact of Religiosity on Teen Sexual Attitudes and Behaviors

Michael Resnick, PhD, *Healthy Youth Development Prevention Research Center, University of Minnesota*

Research has shed light on the power of religious beliefs, religious affiliations and participation in religious activities on teen sexual attitudes and behaviors. But how do we integrate this knowledge into our practice? What do we mean by religiosity? By spirituality? How do they differ from each other? Which beliefs and practices are protective and which pose risk? What impact do practices such as virginity pledges have? This session challenges us to embrace those factors that support healthy behaviors and respond to those that don't.

D6 Beyond Confidential Access

Chbris Reif, MD, *Community University Health Care Center (CUHCC)*

Minnesota statute allows adolescents to access confidential reproductive health care, but what about youth who present with more challenging situations? This session examines factors that challenge even those who are comfortable and experienced in providing confidential care to minors. Learn more about how to integrate complex factors such as questions about a young person's ability to give consent or concerns about sexual violence into your decision-making and practice.

General Information

Deadlines: Early registration deadline is April 13, 2007.

Registration Fees: Fees are listed on the registration form. Registration includes participation in all sessions, program materials, refreshment breaks, continental breakfast, lunch and Thursday evening reception. We accept payment by credit card, personal check, agency check or purchase order made payable to MOAPPP.

Confirmation: You will not receive a confirmation of your registration. You will be contacted only if there are questions about your registration.

Cancellation Policy: Full refunds will be provided for cancellations received by MOAPPP on or before April 25, 2007. No refunds will be given after this date. To cancel, contact MOAPPP at 651-644-1447 x10, 800-657-3697, fax 651-644-1417 or by e-mail at moappp@moappp.org.

Scholarships: MOAPPP is committed to making this conference available to all professionals who wish to attend. If you need a partial scholarship to the conference, we encourage you to apply. To request a scholarship application, contact MOAPPP at 651-644-1447 x10 or by e-mail at moappp@moappp.org.

Special Needs/ADA: Participants with physical disabilities will find the Earle Brown Heritage Center accessible in accordance with the Americans with Disabilities Act.

Location: The conference will be held at the Earle Brown Heritage Center in Brooklyn Center, Minnesota. (The center is located just off I-694 and Hwy 100). For directions, call 763-569-3455 or visit www.earlebrown.com. NOTE: This is **not** the Earle Brown Center on the University of Minnesota - St. Paul campus.

Hotel Accommodations: Rooms have been held for conference participants at the Crowne Plaza Minneapolis North. Make reservations directly with the hotel by April 24, 2007 to guarantee the conference rate of \$86.00 single/double (plus tax). The hotel is located at 2200 Freeway Blvd., Brooklyn Center, 763-566-8000.

MOAPPP Membership: MOAPPP members receive a discounted conference registration fee. If you are paying a membership fee with your conference registration, membership levels are as follows:

Organizational	\$100
Individual	\$35
Student	\$15

Organizational members may register up to five representatives from their organization at the member rate. If you are unsure if you are a current individual or organizational member, please contact Charissa Osborn at 651-644-1447 x10, 800-657-3697 or by e-mail at moappp@moappp.org.

The annual MOAPPP membership meeting will occur during lunch on Friday.

Exhibit Program: Exhibit tables are available for the two-day conference. The exhibit fee is \$200 for MOAPPP members/\$250 for nonmembers, and includes one conference registration. To request an exhibit application, please download the form from the MOAPPP website at www.moappp.org or contact MOAPPP at 651-644-1447 x10 or by e-mail at moappp@moappp.org.

Continuing Education: Certificates of attendance will be distributed at the end of each day at no fee to conference participants. In addition, application has been made for continuing education certification from the following licensure boards. Pending approval, participants will receive 5.5 CEU hours on Thursday and 4.0 CEU hours on Friday. A fee of \$10.00 (made payable to MOAPPP) will be collected on-site for these specific continuing education certificates.

Minnesota Board of Nursing
Minnesota Board of Psychology
Minnesota Board of Social Work
National Commission for Health Education Credentialing, Inc.*

* MN Board Application has been made to the National Commission for Health Education Credentialing, Inc. (NCHCEC) for CHES Category I continuing education contact hours (CECH)



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Adolescent Pregnancy, Prevention and Parenting

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