

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date: May 2004

***U need 2 Kno* (2003)**

Video (10 minutes)

Target Audience: Teens

Cost: \$55.00

Education Materials Center Central Michigan University

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The Minnesota Sexuality Education Resource Review Panel **Highly Recommends the use of this video for the following reasons and with the following reservations:**

Review Summary:

“U need 2 Kno” is a 10-minute video targeted at teens engaged in risky sexual behavior. It encourages teens to be tested for HIV and other STIs. The video features the stories of both HIV positive and negative teens, all of whom are concerned about their health. It includes interviews with a physician who specializes in treating adolescents living with HIV. The video focuses on who should get tested, what it's like to get tested, and how to get more information about where to get tested.

The information in the video is accurate and up-to-date and presented in a way teens can relate to. Through the stories of teens, it emphasizes responsibility for protecting yourself, for preventing the spread of infections, and for getting tested for HIV and STIs. It covers how to stay negative after you have tested negative. The panel felt the video addresses social pressures by promoting responsibility and by clearly stating that it is a normative behavior for teens who engage in sexual behaviors to get tested. The video encourages viewers to talk with their partners about getting tested, but does not give specific examples of this communication. Panel members felt the video is urban centered and lacks a multicultural perspectives, with no specific inclusion of GLBT issues.

Panel members felt that the video requires a facilitator with moderate to strong content knowledge about HIV and STIs, as well as, information about local resources for youth.

Overall, the panel highly recommends “U need 2 Kno” for upper middle and high school audiences as part of a comprehensive sexuality education curriculum.

U need 2 Kno

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Assessment Criteria	Mean Score	Comments
Accuracy of Information - Provides basic, accurate information about the risks of teen sexual activity and about ways to avoid intercourse or use methods of protection against pregnancy and STDs.	4.9	<ul style="list-style-type: none"> ▪ Focus on getting tested, not prevention. Explains testing well. ▪ Excellent for what it was intended to do, i.e., provide HIV/STD testing. That information is accurate
Focus - Focuses on reducing one or more sexual behaviors that lead to unintended pregnancy or HIV/STD infection.	4.0	<ul style="list-style-type: none"> ▪ Clear focus is on getting tested for HIV and other STIs. ▪ Video is short and to the point.
Messages - Delivers and consistently reinforces a clear message about abstaining from sexual activity and/or using condoms or other forms of contraception.	4.0	<ul style="list-style-type: none"> ▪ Offers consistent message about HIV and other STI testing procedures. ▪ Message is “get tested, be responsible.”
Addresses Social Pressures - Includes activities that address social pressures that influence sexual behavior.	4.1	<ul style="list-style-type: none"> ▪ Kids interviewed mentioned positive social pressure to get tested and be responsible. ▪ Reinforces social pressure of getting tested. Made getting tested a normative behavior.
Communication Skills - Provides examples of and practice with communication, negotiation and refusal skills	NA	<ul style="list-style-type: none"> ▪ Discusses the need to talk with partner but the brief video format does not lend itself to offering examples of and practice with communication, negotiation and refusal skills
Teaching Methods - Employs a variety of teaching methods designed to involve participants and have them personalize the information.	NA	<ul style="list-style-type: none"> ▪ Not intended to do this.
Target Audience Is appropriate for the following audiences		<ul style="list-style-type: none"> ▪ Appropriate for upper-middle and high school students. Could be used with young adults as well.
Appropriateness for Audience - Incorporates behavioral goals, teaching methods, and materials that are appropriate to the age, sexual experience, and culture of the students.	3.9	<ul style="list-style-type: none"> ▪ Appropriate for audience targeted by the video.
Multicultural Perspective - Does this resource address the needs of communities of color; and/or issues of sexual orientation, gender, and disability?		<ul style="list-style-type: none"> ▪ Resource is multicultural/inclusive ▪ Does not include GLBT issues directly.
Addresses needs of diverse learners.		<ul style="list-style-type: none"> ▪ No specific adaptations.
Teacher-Friendly – Is well organized with clear, thorough instructions or discussion guide. Minimal assembly or preparation time required.	3.9	
Facilitation Skills Required – How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> ▪ Requires a facilitator with moderate to strong content knowledge about HIV and STIs, as well as, information about local resources for youth.
Presentation Quality – How appealing is the product (e.g. visual quality, sound quality, graphics, etc.) ?	4.3	<ul style="list-style-type: none"> ▪ Pretty hip presentation
Overall Recommendation		<ul style="list-style-type: none"> ▪ Recommend Highly - 10 ▪ Recommend – 0 ▪ Reject – 0