

## **Minnesota Sexuality Education Resource Review Panel**

Summary of Panel Review

**Review Date: March 2004**

### ***STD-Free Living for Teens: A Presentation Kit (2003)***

Target Audience: ages 13-17

Cost: \$309.00

Channing Bete Company, Inc.

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**The Minnesota Sexuality Education Resource Review Panel **Highly Recommends** the use of this presentation kit for the following reasons and with the following reservations:**

#### **Review Summary:**

*STD-Free Living for Teens* is a PowerPoint presentation kit designed for educating youth about STDs. It addresses what they are; their side effects; how high-risk behavior increases the risk of infection; how to identify and resist pressure to be sexually active; and how to use effective protection if one does decide to engage in sexual activity. There are multiple options for the presentation, including one that focuses on abstinence only (there is no discussion of condoms), and one that focuses on abstinence and protection.

The panel found the information to be highly accurate, comprehensive and well presented. They noted a few errors in the slides, but stated that the information in the supporting packet could correct/clarify some of the inaccuracies. Panel members found the focus to be very clear, STD prevention, but expressed concern that the curriculum does not include a discussion of contraception. It does address condom use but only as a means of protecting against STDs, not for pregnancy prevention.

The panel welcomed a new format for presenting this information to teens. This presentation allows the facilitator to add slides with local, site specific material, omit slides not relevant to their group, and update slides that are outdated. Though they felt the PowerPoint itself does not create an opportunity for discussion, the facilitator can use the accompanying handouts, discussion questions and activities to encourage group interaction.

The panel felt that the curriculum was appropriate for 13 –17 year olds or even adults/community members.

The panel felt that the presentation is well organized, easy to use, and of high quality. The colors and graphics are attractive and would engage a teenage audience. They felt it required a facilitator with moderate content knowledge and group leading skills. The use of the PowerPoint may be difficult for a facilitator who is not tech-savvy or does not have access to the necessary equipment (computer and LCD projector).

Overall, the panel highly recommended “STD-Free Living for Teens” as a resource for a comprehensive sexuality education program.

**STD-Free Living for Teens (2003)**

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Assessment Criteria	Mean Score	Comments
<b>Accuracy of Information</b> - Provides basic, accurate information about the risks of teen sexual activity and about ways to avoid intercourse or use methods of protection against pregnancy and STDs.	4.4	<ul style="list-style-type: none"> <li>▪ A benefit to this format is that it can be updated and personalized.</li> <li>▪ There are some technical mistakes, e.g. HPV does not necessarily lead to cancer, and it doesn't specify that HPV and herpes aren't curable, but it contains a lot of good, accurate information.</li> <li>▪ Abstinence slide-show excludes information on condoms.</li> </ul>
<b>Focus</b> - Focuses on reducing one or more sexual behaviors that lead to unintended pregnancy or HIV/STD infection.	4.9	<ul style="list-style-type: none"> <li>▪ Wide focus, well done.</li> </ul>
<b>Messages</b> - Delivers and consistently reinforces a clear message about abstaining from sexual activity and/or using condoms or other forms of contraception.	4.8	<ul style="list-style-type: none"> <li>▪ Does not include contraception, only discusses condoms.</li> <li>▪ Good messages if you see all slides.</li> </ul>
<b>Addresses Social Pressures</b> - Includes activities that address social pressures that influence sexual behavior.	4.1	<ul style="list-style-type: none"> <li>▪ Addresses pressures from the media and peers.</li> </ul>
<b>Communication Skills</b> - Provides examples of and practice with communication, negotiation and refusal skills	3.6	<ul style="list-style-type: none"> <li>▪ Power point itself does not create much opportunity for group discussion, but can encourage interactive questions and talking points when using handouts and activities.</li> <li>▪ Discusses refusal skills.</li> </ul>
<b>Teaching Methods</b> - Employs a variety of teaching methods designed to involve participants and have them personalize the information.	3.1	<ul style="list-style-type: none"> <li>▪ Includes some good extension activities in the teacher materials.</li> </ul>
<b>Appropriateness for Audience</b> - Incorporates behavioral goals, teaching methods, and materials that are appropriate to the age, sexual experience, and culture of the students.	4.8	<ul style="list-style-type: none"> <li>▪ Good for 13-17 or adults/community members</li> </ul>
<b>Multicultural Perspective</b> - Does this resource address the needs of communities of color; and/or issues of sexual orientation, gender, and disability?		<ul style="list-style-type: none"> <li>▪ Inclusive of same-sex relationships.</li> </ul>
<b>Addresses needs of diverse learners.</b>		<ul style="list-style-type: none"> <li>▪ No specific adaptations.</li> </ul>
<b>Teacher-Friendly</b> - Is well organized with clear, thorough instructions or discussion guide. Minimal assembly or preparation time required.	4.4	<ul style="list-style-type: none"> <li>▪ Easy to use if leader is tech-savvy and has equipment available (computer and LCD projector)</li> <li>▪ Can require extra time if you want to adjust/add/subtract slides.</li> </ul>
<b>Facilitation Skills Required</b> - How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> <li>▪ Requires facilitator with moderate content knowledge and group leading skills.</li> </ul>
<b>Presentation Quality</b> – How appealing is the product (e.g. visual quality, sound quality, graphics, etc.)?	4.8	<ul style="list-style-type: none"> <li>▪ Colorful, updated - nice bright slides, great graphics</li> </ul>
<b>Overall Recommendation</b>		<ul style="list-style-type: none"> <li>▪ <b>Recommend Highly – 9</b></li> <li>▪ <b>Recommend – 1</b></li> <li>▪ <b>Reject - 0</b></li> </ul>