

**Minnesota Sexuality Education Resource Review Panel**

Summary of Panel Review

**Review Date – September 2008**

**Real People: Relationships That Hurt: Dating Violence and Abuse (2008)**

**Format:** DVD/VHS

**Target Audience:** Stated audience: 7th - 12th Grade  
Recommended by panel: 7th - 12th Grade

**Cost:** \$129.95

**Distributor:** Sunburst Media

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The Minnesota Sexuality Education Resource Review Panel **Recommends with Reservations** use of this video for the following reasons:

**Review Summary:**

The **Real People: Relationships That Hurt: Dating Violence and Abuse** is a documentary that helps learners identify and stop dating violence. Real adolescents employed in the video describe their own experiences and views on dating violence, while violence prevention educators inform adolescents on how to recognize violence before it occurs.

The panel **recommends with reservation** the **Real People: Relationships That Hurt: Dating Violence and Abuse** for the following reasons:

- More focused on dating violence and relationships rather than sexual behaviors and pregnancy prevention.
- Guides learners in understanding/identifying unhealthy relationships.

The panel has concerns about the following elements of **Real People: Relationships That Hurt: Dating Violence and Abuse:**

- Many populations of youth unrepresented.
- Slow, low energy, and not very engaging.

Overall, the panel **recommends with reservation** the **Real People: Relationships That Hurt: Dating Violence and Abuse** for use as a sexuality education resource.

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| Assessment Criteria   | Mean Score (1-5)                                | Additional Information  |
|---|---|---|
| Information is medically accurate and presented using the correct terminology   | 2.2   | <ul style="list-style-type: none"> <li>• Could use more information related to the “cycle of violence”</li> </ul>   |
| Focuses on clear health goals: prevention of STI, HIV and/or pregnancy  | 3.1   | <u>This resource focused on:</u> <ul style="list-style-type: none"> <li>• Sexual violence</li> <li>• Relationships</li> </ul>   |
| Does the material guide participant or learner to acquire new skills?   | 2.4   | <u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u> <ul style="list-style-type: none"> <li>• Problem solving/Conflict resolution</li> <li>• Decision making</li> <li>• Respect</li> </ul>                   |
| Does this resource address multiple factors affecting sexual behaviors  | 1.7   | <u>According to the panel, this resource addresses the following factor(s) that affect sexual behaviors(s):</u> <ul style="list-style-type: none"> <li>• The panel unanimously agreed that this resource did not address factors to affect sexual behavior.</li> </ul>  |
| Create a safe social environment for youth to participate   | 2.6   | <ul style="list-style-type: none"> <li>• Gay/Lesbian relationships are not represented in video</li> </ul>  |
| Employs instructionally sound teaching methods and activities that engage learners  | 2.3   | <u>The panel recognizes that the following elements are present in this resource as a way to engage learners:</u> <ul style="list-style-type: none"> <li>• Class discussions</li> <li>• Small group work</li> <li>• Worksheets</li> </ul>                               |
| Target audience   | 7 – 9 grades<br>10 – 12 grades<br>Professionals | <u>The panel feels that the following people group and/or demographic area were considered in this resource:</u> <ul style="list-style-type: none"> <li>• Race/Ethnicity: Caucasian, African-American &amp; Latino</li> <li>• Suburban</li> </ul>                       |
| Cultural & developmentally appropriate  | 2.3   |   |
| Organization of resource  | 2.6   | <u>The panel find that the resource:</u> <ul style="list-style-type: none"> <li>• Covers topic(s) in a logical sequence</li> <li>• Is not well organized with clear, thorough instructions</li> <li>• Requires minimal assembly or preparation time required</li> </ul> |
| Facilitation Skills Required<br>How knowledgeable and skilled must the facilitator be to use this resource effectively?   |   | <ul style="list-style-type: none"> <li>• Requires leader with strong content knowledge and group skills</li> </ul>  |
| Presentation Quality<br>How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc. | 2.6   | <ul style="list-style-type: none"> <li>• Facts included in video were hard to read</li> <li>• Modern, teen-friendly – real teens in the discussion group.</li> <li>• Good use of youth perspective – the youth provided their thoughts and experiences.</li> </ul>      |
| <b>Overall Recommendation</b>   |   | <ul style="list-style-type: none"> <li>▪ <b>Recommend Highly - 0</b></li> <li>▪ <b>Recommend - 0</b></li> <li>▪ <b>Recommend with Reservations - 11</b></li> <li>▪ <b>Reject - 8</b></li> </ul>   |

Review Summary of *Real People: Relationships That Hurt: Dating Violence and Abuse* (2008)