

## Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date: March 2005

### *Peer to Peer: Stop, Think, Be Safe: An STD Prevention Program (2003)*

Video (24 minutes)

Target Audience: Grades 7-12 (MSERRP recommendation: Youth 12-15 years of age)

Cost: \$189.00

Distributed by: Human Relations Media

41 Kensico Drive, Mount Kisco, New York 10549 • 1-800-431-2050 • www.hrmvideo.com

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The Minnesota Sexuality Education Resource Review Panel **Recommends** use of this video for the following reasons and with the following reservations:

#### Review Summary:

*Peer to Peer: Stop, Think, Be Safe: An STD Prevention Program* is a video designed to educate youth about STDs and risk behavior reduction. It is intended for African American youth, but adolescents from all backgrounds can benefit from the video and guide.

The panel believes the video adequately addresses issues surrounding STD prevention. It focuses heavily on condom use and Chlamydia, with less emphasis on other STDs, including HIV/AIDS. The video was made with youth input and realistically portrays social/sexual pressures felt by young people. The video does a particularly good job of giving examples of responses to these pressures. There is little focus on healthy relationships or positive communication between partners before sex.

Although the producers of the video state that its intended audience is 12-15 year olds, the panel finds *Peer to Peer* most appropriate for middle school students (11-13 year olds). It does not portray a diverse population of youth nor reflect the needs and experiences of GLBT youth.

Individually, the video and teacher's guide are adequate, however, they do not work smoothly together. The guide lacks detailed information and breadth, and includes some misinformation. A good facilitator is necessary to lead follow-up discussions and activities.

The video presentation is not of the highest quality and the price may be prohibitive for some potential users.

Overall, the panel **recommends** *Peer to Peer: Stop, Think, Be Safe: An STD Prevention Program* as an educational tool for middle school aged-youth.

*Peer to Peer: Stop, Think, Be Safe: An STD Prevention Program (2003)*

Assessment Criteria	Mean Score	Comments
<b>Accuracy of Information</b> - Provides basic, accurate information about teen sexual health, e.g., risks of teen sexual activity, ways to avoid intercourse or use methods of protection against pregnancy and STDs, human growth and development, relationships, etc.	4	<ul style="list-style-type: none"> <li>▪ Some misinformation in guide – poor models and diagrams</li> </ul>
<b>Focus</b> - Focuses on ways to promote sexual health e.g., reducing one or more sexual behaviors that lead to unintended pregnancy or HIV/STD infection; understanding healthy physical/emotional development; developing healthy relationships, etc.	3.5	<ul style="list-style-type: none"> <li>▪ Primary focus on Chlamydia, condom use, clinic visit and the fact that everyone is susceptible to STDs.</li> <li>▪ No or little focus on Hepatitis, HIV/AIDS, anal or oral sex, partner communication, or relationships.</li> </ul>
<b>Messages</b> - Delivers and consistently reinforces a clear message, e.g., states message multiple times in multiple ways.	3.2	<ul style="list-style-type: none"> <li>▪ Messages not fully developed or explored (mixed and complex)</li> <li>▪ Stereotypes are perpetuated by actors.</li> </ul>
<b>Addresses Social Pressures</b> – <b>Video</b> demonstrates social pressures that influence sexual behavior. <b>Guide</b> includes activities that address social pressures that influence sexual behavior.	4.2	<ul style="list-style-type: none"> <li>▪ Does a good job of showing alternate responses to pressure.</li> <li>▪ Addresses the impact of alcohol on pressure to have sex.</li> </ul>
<b>Communication Skills</b> – <b>Video</b> provides examples of being assertive, using negotiation and refusal skills, making decisions, etc. <b>Guide</b> includes activities to practice assertive skills, negotiation and refusal skills, decision-making skills, etc.	3.3	<ul style="list-style-type: none"> <li>▪ Provides examples of how to talk about STDs</li> <li>▪ Does not show good example of healthy communication before sex</li> </ul>
	3.4	<ul style="list-style-type: none"> <li>▪ A facilitator could use the guide to explore communication more fully.</li> </ul>
<b>Teaching Methods</b> - Engages participants and helps them personalize information	3.2	<ul style="list-style-type: none"> <li>▪ Needs a qualified, informed discussion leader/facilitator.</li> <li>▪ Guide and video do not mesh.</li> </ul>
<b>Appropriateness for Audience</b> - Incorporates behavioral goals, teaching methods, and materials that are appropriate to the age, sexual experience, and culture of the students (as stated by publisher.)	2.9	<ul style="list-style-type: none"> <li>▪ May not be appropriate for older teens – best for ages 12-15.</li> <li>▪ Demonstrations move a bit quickly; might be hard for teens to follow.</li> </ul>
<b>Multicultural Perspective</b> - This resource is most appropriate for the following audiences.		<ul style="list-style-type: none"> <li>▪ Not inclusive of GLBT youth.</li> <li>▪ All characters are African American though not very culturally specific- needs to be careful about creating stereotypes.</li> </ul>
<b>Teacher-Friendly</b> - Is well organized with clear, thorough instructions or discussion guide. Minimal assembly or preparation time required.	2.9	<ul style="list-style-type: none"> <li>▪ Confusing how to use video and guide together.</li> <li>▪ Good resource books.</li> </ul>
<b>Facilitation Skills Required</b> - How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> <li>▪ Requires strong, knowledgeable group leader who is prepared to answer questions and lead discussion.</li> </ul>
<b>Presentation Quality</b> – How appealing is the product (e.g. visual quality, sound quality, graphics, etc.)?	2.9	<ul style="list-style-type: none"> <li>▪ Dated, a little hokey</li> <li>▪ Lacks polish – camera bounces</li> </ul>
<b>Overall Recommendation</b>		<ul style="list-style-type: none"> <li>▪ <b>Recommend Highly – 0</b></li> <li>▪ <b>Recommend – 11</b></li> <li>▪ <b>Reject - 8</b></li> </ul>