

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date – November 2009

It's About You (2009)

Format: DVD and Discussion Guide
Target Audience: Stated audience: English-speaking Latino heterosexual men and women
Recommended by panel: College age and professionals
Cost: Free

Distributor: EDC for CDC

(800) 462-9521 • <http://www.effectiveinterventions.org/en/Interventions/VOICES.aspx>

The Minnesota Sexuality Education Resource Review Panel **Highly Recommends** use of this video for the following reasons and with the following reservations:

Review Summary:

It's About You is one video in a series called Video Opportunities for Innovative Condom Education (VOICE) & Safer Sex: It is designed for English-speaking Latino heterosexual men and women. The VOICE series is designed to increase condom use among heterosexual African American and Latino men and women who visit STI clinics. This DVD is recommended to be used in single-session with a group. *It's About You* demonstrates the importance of respecting and protecting one partner and family and corrects common misconception about who is at risk for acquiring STD's. *It's About You* is also available in Spanish Se Trata de Ti.

The panel **highly recommends** the *It's About You* for the following reasons:

- Study guide and movie are complementary, bringing up issues for discussion. Strong facilitator needed.
- Intended audience is carefully considered; resource is excellent method of getting information to audience.

The panel has concerns about the following elements of *It's About You*:

- Normalizes cheating
- Slightly negative portrayal of men

Overall, the panel **highly recommends** the *It's About You* DVD for use as a sexuality education resource.

Assessment Criteria	Mean Score (1-5)	Additional Information
Information is medically accurate and presented using the correct terminology	4.1	<ul style="list-style-type: none">• Resource makes a connection between chlamydia – pelvic inflammatory diseases and infertility• Questions the use of the term VD instead of STI's
Focuses on clear health goals: prevention of STI, HIV and/or pregnancy	4.2	<u>This resource focused on:</u> HIV/STI, Pregnancy and Relationships

Does the material guide participant or learner to acquire new skills?	4	<p><u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u></p> <ul style="list-style-type: none"> • Decision making • Health self-management • Assertiveness
Does this resource address multiple factors affecting sexual behaviors	4.1	<p><u>According to the panel, this resource addresses the following factor(s) that affect sexual behaviors(s):</u></p> <ul style="list-style-type: none"> • Knowledge, including knowledge of sexual issues, HIV, other STI and pregnancy (including methods of prevention) • Perception of HIV risk • Personal values about sex and abstinence • Attitude towards condoms (including perceived barriers to their use) • Perception of peer norms about sex and perception of peer sexual behavior • Self-efficacy to refuse sex and to use condoms • Intention to abstain from sex or to restrict frequency of sex or number of sexual partners • Self-efficacy to avoid STI/HIV risk and risk behaviors • Intention to use a condom
Create a safe social environment for youth to participate	3.8	Safe social environment created for the intended audience
Employs instructionally sound teaching methods and activities that engage learners	3.7	<p><u>The panel recognizes the following elements are present in this resource as a way to engage learners:</u></p> <ul style="list-style-type: none"> • Class discussions • Condom demonstrations
Target audience	College + Professional Other: Adults	<p><u>The panel feels the following people group and/or demographic area were considered in this resource:</u></p> <p>Race/Ethnicity: Latino Urban and Suburban</p>
Culturally and developmentally appropriate	4.1	Resource appropriate for heterosexual Hispanic/Latino communities
Organization of resource		<p><u>The panel finds the resource:</u></p> <ul style="list-style-type: none"> • Covers topics in a logical sequence • Is well organized with clear and thorough instructions • Requires minimal assembly and preparation time
Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> • Requires leader with moderate content knowledge and group skills
Presentation Quality How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc.	4.6	<ul style="list-style-type: none"> • Well produced • Believable characters
Overall Recommendation		<ul style="list-style-type: none"> ▪ Recommend Highly - 6 ▪ Recommend - 6 ▪ Recommend with Reservations - 2 ▪ Reject - 0

Review Summary of *It's About You* (2009)