

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Hope is Not a Method, Fifth Edition (2002)

Video (19 minutes)

Target audience: Grades 9 - Adult

Cost: \$89.00

Closed-captioned. Also available in Spanish

United Learning

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The Minnesota Sexuality Education Resource Review Panel **Recommends the use of this video for the following reasons and with the following reservations:**

Hope is Not a Method provides a straightforward overview of most methods of contraception currently available in the United States. It outlines how each method works, its effectiveness rate, how to get the method, and whether or not it prevents STDs/HIV. The information presented in the video is technically accurate, is presented in a way that communicates positive messages about sexuality and sexual health, involves both young men and women in the discussions, and is developmentally appropriate for the audience. Handouts on each birth control method are included with the video. The panel found these to be a good resource for both teachers and students.

The panel commended the video for including emergency contraception as an option and for its consistent message regarding condom use regardless of which birth control method is chosen. The panel liked the inclusion of questions regarding sexual decision-making and the encouragement of communication with one's partner and with one's doctor/clinic.

The panel expressed concern that the video did not discuss the birth control patch, a popular contraceptive option among teenagers and young adults. The patch is included in the accompanying guide, however and the panel recommends that facilitators explain this birth control option after showing the video. Given ongoing developments in the field, the panel recognizes that new and emerging methods will need to be addressed by the facilitator.

The video does a good job of including both male and female counselors and clients, but does not fully reflect a diverse population of youth. Although the video is full of good information, its format is a bit dry and clinical, probably making it difficult for some students to stay engaged.

Overall, the panel found the video to be a useful tool in disseminating up-to-date birth control information.

Review Criteria

	Mean Score
1. Technically accurate and up-to-date	4.6
2. Gender Fair	4.9
3. Sexuality Positive	4.9
4. Developmentally appropriate for age	4.6
5. Racially, ethnically, culturally non-biased	3.8
6. Sound educational methodology	4.2
7. Educational messages/strategies provided for learners at all points of risk continuum	4.7
8. Addresses the needs of all learners, including those with physical, cognitive or emotional disabilities.	3.9
9. Teacher-friendly	4.8

Scoring is based on a 5 point Likert scale, from poor (1) to excellent (5). The mean (average) is based on the assessments of the panel members who were present to review the material 1/30/03.

Panel Recommendations for Appropriate Audiences

Assessment Criteria			
Overall Recommendation	Recommend highly 7	Recommend 5	Reject 0
Audience For what audience is this resource appropriate?	Audience targeted by the resource 11	Other audience(s) 5	Not Appropriate for any audience 0
Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively?	Requires leader with strong content knowledge and group skills 1	Requires leader with moderate content knowledge and group skills 6	Requires leader with little content knowledge and group skills 5
Multicultural Perspective Does this resource address the needs of communities of color; and/or issues of sexual orientation, gender, and disability	Resource is culturally specific. 0	Resource is Multicultural/ Inclusive 9	Resource does not address the needs/issues of diverse populations 3