

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date: March 2005

Gonna Make It (2001)

Format: Video (4 minutes)

Target Audience: Grades 6-8 (MSERRP recommends grades 7 and up)

Cost: \$15.95

Pennsylvania Coalition Against Rape

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The Minnesota Sexuality Education Resource Review Panel **Highly Recommends** use of this video for the following reasons and with the following reservations:

Review Summary:

“Gonna Make It” is a short music video that addresses the frequency and impact of sexual violence. Through appealing music, strong lyrics and powerful visual images, the video looks at sexual violence in the home and between peers, i.e., people who know each other. The overall messages are that sexual violence can happen to anyone, is wrong under any circumstance, is not the victim’s fault, and that with support, victims will be O.K - they are “gonna make it.” There are strong messages from boys to boys, that they must be concerned about sexual abuse of girls and that boys have a responsibility to reduce the incidence of rape.

The video is designed as a discussion starter that is bound to elicit complex questions and intense conversation. The group leader should be prepared to respond to a variety of questions, some of which may be difficult to answer and emotionally charged. It would be important for the facilitator to have a list of local resources and support services to give to the group.

The panel felt the video would be appropriate for a wide variety of audiences, specifically 7th – 12th graders.

Overall, the panel **highly recommends** the use of *Gonna Make It* to raise awareness about sexual violence and to begin a discussion about prevention and intervention.

Gonna Make It (2001)

Assessment Criteria	Mean Score	Comments
Accuracy of Information - Provides basic, accurate information about teen sexual health, e.g., risks of teen sexual activity, ways to avoid intercourse or use methods of protection against pregnancy and STDs, human growth and development, relationships, etc.	4.1	<ul style="list-style-type: none"> ▪ Accurate statistics on sexual violence/sexual assault/rape. ▪ Limited scope given that video is only four minutes long.
Focus - Focuses on ways to promote sexual health e.g., reducing one or more sexual behaviors that lead to unintended pregnancy or HIV/STD infection; understanding healthy physical/emotional development; developing healthy relationships, etc.	4.1	<ul style="list-style-type: none"> ▪ Strong message that sexual abuse can and does happen. ▪ Focuses on awareness of the prevalence of sexual assault and violence; does not focus on behavior change. ▪ Does not address prevention specifically; should be included in follow-up discussion.
Messages - Delivers and consistently reinforces a clear message, e.g., states message multiple times in multiple ways.	4.5	<ul style="list-style-type: none"> ▪ Personalizes sexual violence – shows that it can happen to anyone. ▪ Reinforces the fact that sexual violence is not right, is not the victim’s fault, and that victims will be okay—that they are “Gonna Make It.”
Addresses Social Pressures –Video demonstrates social pressures that influence sexual behavior. Guide includes activities that address social pressures that influence sexual behavior.	3.8	<ul style="list-style-type: none"> ▪ Addresses the shame associated with sexual assault but that people survive. ▪ Shows secretive nature of abuse; portrays pressures victims feel not to report sexual assault. ▪ Shows affects of drinking/sexual assault.
Communication Skills – Video provides examples of being assertive, using negotiation and refusal skills, making decisions, etc. Guide includes activities to practice assertive skills, negotiation and refusal skills, decision-making skills, etc.	NA	<ul style="list-style-type: none"> ▪ Video raises awareness; does not discuss prevention or show specific communication or negotiation skills.
Teaching Methods - Engages participants and helps them personalize information	3.8	<ul style="list-style-type: none"> ▪ Music video format is good for youth – draws on emotional response – helps youth make a personal connection to the issue. ▪ Great as a discussion starter
Appropriateness for Audience - Incorporates behavioral goals, teaching methods, and materials that are appropriate to the age, sexual experience, and culture of the students (as stated by publisher.)	4.2	<ul style="list-style-type: none"> ▪ 7th grade on up.
Multicultural Perspective – This resource is most appropriate for the following audiences.		<ul style="list-style-type: none"> ▪ Would appeal to a wide audience; shows sexual violence can happen to anyone. ▪ Video does not address male victims.
Teacher-Friendly - Is well organized with clear, thorough instructions or discussion guide. Minimal assembly or preparation time required.	3.4	<ul style="list-style-type: none"> ▪ Discussion guide offers information and exercises the help facilitator talk about sexual violence prevention.
Facilitation Skills Required - How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> ▪ Requires a leader with moderate to strong content knowledge and group leadership skills. ▪ Facilitator should be prepared for a variety of questions, some of which may be emotionally charged; facilitator should have a list of available resources and contact information
Presentation Quality – How appealing is the product (e.g. visual quality, sound quality, graphics, etc.)?	4.3	<ul style="list-style-type: none"> ▪ Music and lyrics would appeal to teens. ▪ Very effective; offers powerful and disturbing images.
Overall Recommendation		<ul style="list-style-type: none"> ▪ Recommend Highly - 11 ▪ Recommend – 7 ▪ Reject – 0