

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date - June 2009

Goddess Menses & the Menstrual Show (2009)

Format: DVD

Target Audience: Stated audience: 12 and over with trusted adult
Recommended by panel: Grades 5 - 9

Cost: \$49.95

Distributor: Youth Performance Company
3338 University Ave SE, Minneapolis MN 55414 • 612.623.9080 •
www.youthperformanceco.com

The Minnesota Sexuality Education Resource Review Panel **Recommends with Reservation** use of this video for the following reasons and with the following reservations:

Review Summary:

The video **Goddess Menses & the Menstrual Show** according to the distributor, demystifies menstruation and the related physical and emotional changes of girlhood. Written for girls ages 12 to 18, the segments in this film are factual (what is "normal" menstruation anyway?), funny (beware the tampon-stealing Tamburlar), and astonishingly frank, as girls reflect on the journey from self-consciousness to self-acceptance during adolescence.

The panel **recommends with reservations** **Goddess Menses & the Menstrual Show** for the following reasons:

- Normalizes information about menstruation, great way to introduce concepts.
- The video is entertaining, but medically accurate terminology was limited – what was included was accurate.
- Study guide is well written and must be used with video.

The panel has concerns about the following elements of **Goddess Menses & the Menstrual Show**:

- Video was not especially representative of non-Caucasian young people.
- Video may not be appropriate for use in classroom.

Overall, the panel **recommends with reservations** the **Goddess Menses & the Menstrual Show** for use as a sexuality education resource.

Assessment Criteria	Mean Score (1-5)	Additional Information
Information is medically accurate and presented using the correct terminology	2.8	
Focuses on clear health goals: prevention of STI, HIV and/or pregnancy	2.1	<u>This resource focused on:</u> Growth and development
Does the material guide participant or learner to acquire new skills?	2.4	<u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u> <ul style="list-style-type: none"> • Respect • Health self-management • Assertiveness
Does this resource address multiple factors affecting sexual behaviors	1.3	<u>According to the panel, this resource addresses the following factor(s) that affect sexual behaviors(s):</u> <ul style="list-style-type: none"> • The panel unanimously agreed that this resource did not address factors to affect sexual behavior.
Create a safe social environment for youth to participate	3.5	<ul style="list-style-type: none"> • Video and Study Guide help to normalize information about menstruation.
Employs instructionally sound teaching methods and activities that engage learners	3.1	<u>The panel recognizes that the following elements are present in this resource as a way to engage learners:</u> <ul style="list-style-type: none"> • Class discussions • Small group work • Student centered activities • Surveys of attitudes and intentions • Worksheets • Question boxes
Target audience	5 – 6 grades 7 – 9 grades	<u>The panel feels that the following people group and/or demographic area were considered in this resource:</u> Race/Ethnicity: Caucasian Suburban
Culturally and developmentally appropriate	2.3	Is not as diverse or inclusive in cast and content as it could be.
Organization of resource	3.3	<u>The panel finds the resource:</u> <ul style="list-style-type: none"> • Covers topic(s) in a logical sequence • Is well organized with clear, thorough instructions or discussion guide • Minimal assembly or preparation time required
Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> • Requires leader with moderate content knowledge and group skills
Presentation Quality How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc.	3.7	
Overall Recommendation		<ul style="list-style-type: none"> ▪ Recommend Highly - 0 ▪ Recommend - 6 ▪ Recommend with Reservations - 9 ▪ Reject - 1

Review Summary of *Goddess Menses & the Menstrual Show* (2009)