

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date – September 2009

Do It Right (2009)

Format: DVD
Target Audience: Stated audience: African American heterosexual adults
Recommended by panel: College Age and Adults
Cost: Free

Distributor: EDC for CDC

www.effectiveinterventions.org

The Minnesota Sexuality Education Resource Review Panel **Highly Recommends** use of this video for the following reasons and with the following reservations:

Review Summary:

Do It Right is one video in a series of four produced in collaboration between the Centers for Disease Control and Prevention (CDC) and the Educational Development Center (EDC). The series titled **Video Opportunities for Innovative Condom Education (VOICE)**; target audience is African- American and Latino adult men and women clinic clients. Health educators convene groups of four to eight clinic patients in a room that allows privacy for discussions. Skills in condom use and negotiation are modeled in the videos, then role-played and practiced by participants during the discussion that follows. At the end of the single, 45-minute session, participants are given samples of the types of condoms they have identified as best meeting their needs.

The panel **Highly Recommends** the *Do It Right* DVD for the following reasons:

- Depicts ‘real’ conversations in order to dispel myths and verbalize male reasoning about using a condom.
- Condom demonstration was accurate and excellent examples of condom negotiation.

The panel has concerns about the following elements of *Do It Right*:

- Discussion guide is vague, facilitator will need a lot of prep time.
- Requires strong facilitator to use study guide because advanced skills may be needed to facilitate follow up discussion after presentation of video.

Overall, the panel **Highly Recommends** *Do It Right* for use as a sexuality education resource.

Assessment Criteria	Mean Score (1-5)	Additional Information
Information is medically accurate and presented using the correct terminology	4.2	<ul style="list-style-type: none">• Video does not have medial focus. Information included is accurate.
Focuses on clear health goals: prevention of STI, HIV and/or pregnancy	4.5	<u>This resource focuses on:</u> HIV/STI
Does the material guide participant or learner to acquire new skills?	3.6	<u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u> problem solving/conflict resolution; decision making; respect; health self-management; assertiveness

Does this resource address multiple factors affecting sexual behaviors	4.4	<p><u>According to the panel, this resource addresses the following factor(s) that affect sexual behaviors(s):</u></p> <ul style="list-style-type: none"> • Knowledge, including knowledge of sexual issues, HIV, other STI and pregnancy (including methods of prevention) • Perception of HIV risk • Personal values about sex and abstinence • Attitude towards condoms (including perceived barriers to their use) • Perception of peer norms about sex and perception of peer sexual behavior • Self-efficacy to refuse sex and to use condoms • Intention to abstain from sex or to restrict frequency of sex or number of sexual partners • Communication with parents or other adults about sex, condoms or contraception • Self-efficacy to avoid STI/HIV risk and risk behaviors • Intention to use a condom
Create a safe social environment for youth to participate	3	Resource not necessarily aimed at youth, but was great for target audience
Employs instructionally sound teaching methods and activities that engage learners	2	<p><u>The panel recognizes the following elements are present in this resource as a way to engage learners:</u></p> <ul style="list-style-type: none"> • The panel unanimously agreed this particular criterion is not applicable to this resource
Target audience	College + Other: Adults	<p><u>The panel feels the following people group and/or demographic area were considered in this resource:</u></p> <p>Race/Ethnicity: African American Urban Suburban</p>
Culturally and developmentally appropriate	4.8	Relatable to target audience
Organization of resource	4.1	<p><u>The panel finds the resource:</u></p> <ul style="list-style-type: none"> • Covers topic(s) in a logical sequence • Is not well organized with clear, thorough instructions • Minimal assembly or preparation time required
Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> • Requires leader with strong content knowledge and group skills
Presentation Quality How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc.	4.4	<ul style="list-style-type: none"> • Music is distracting
Overall Recommendation		<ul style="list-style-type: none"> ▪ Recommend Highly - 7 ▪ Recommend - 5 ▪ Recommend with Reservations - 0 ▪ Reject - 0

Review Summary of *Do It Right* (2009)