

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date – November 2008

Body Talk 2: It's a Whole New Language (2005)

Format: DVD/VHS

Target Audience: Stated audience: Grades 5-8
Recommended by panel: Grades 5-8

Cost: \$125.00

Distributor: Human Relations Media
41 Kensico Drive, Mount Kisco, NY 10549 • 800-431-2050 • www.hrmvideo.com.

The Minnesota Sexuality Education Resource Review Panel **Recommends** use of this video for the following reasons and with the following reservations:

Review Summary:

Body Talk 2: It's a Whole New Language is a 30-minute video that focuses on building a healthy body image. In the video youth from various ethnic backgrounds, sizes, and shapes express their thoughts on self-esteem, puberty, and feeling comfortable in their own body.

The panel **recommends** **Body Talk 2: It's a Whole New Language** for the following reasons:

- Promotes self-esteem, and provides language for addressing sensitive issues and put downs
- Models youth speaking out honestly about their experiences and challenges with body image

The panel has concerns about the following elements of **Body Talk 2: It's a Whole New Language**:

- No clear health goal, but helps to normalize weight, development, and self-esteem
- Video study guide is unorganized/incomplete

Overall, the panel **recommends** the **Body Talk 2: It's a Whole New Language** for use as a sexuality education resource.

Assessment Criteria	Mean Score (1-5)	Additional Information
Information is medically accurate and presented using the correct terminology	2.0	<ul style="list-style-type: none">• Language used in video and study guide are age appropriate.
Focuses on clear health goals: prevention of STI, HIV and/or pregnancy	4.0	<u>This resource focused on:</u> Relationships & Growth and development
Does the material guide participant or learner to acquire new skills?	3.3	<u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u> <ul style="list-style-type: none">• Problem solving/Conflict resolution• Respect• Assertiveness

Does this resource address multiple factors affecting sexual behaviors	1.3	<p><u>According to the panel, this resource addresses the following factor(s) that affect sexual behaviors(s):</u></p> <ul style="list-style-type: none"> The panel unanimously agreed that this resource did not address factors to affect sexual behavior.
Create a safe social environment for youth to participate	4.1	<ul style="list-style-type: none"> The video models young people expressing honestly how they feel about body image, which may help to normalize the behavior for viewers.
Employs instructionally sound teaching methods and activities that engage learners	2.9	<p><u>The panel recognizes that the following elements are present in this resource as a way to engage learners:</u></p> <ul style="list-style-type: none"> Class discussions Small group work Role plays Student centered activities Homework assignments to talk with partner or other adults
Target audience	5 – 8 grades	<p><u>The panel feels that the following people group and/or demographic area were considered in this resource:</u></p> <ul style="list-style-type: none"> Race/Ethnicity: African-American, Latino, Caucasian Urban Suburban
Cultural & developmentally appropriate	3.5	<ul style="list-style-type: none"> Information covered in a developmentally appropriate way. Discussed culture, but did not go in-depth on specifics, talked about hair, skin tone and facial features.
Organization of resource	2.8	<p><u>The panel finds the resource:</u></p> <ul style="list-style-type: none"> Covers topics in a logical sequence Is not well organized with clear, thorough instructions Does not require minimal assembly or preparation time
Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> Requires leader with strong content knowledge and group skills
Presentation Quality How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc.	3.8	
Overall Recommendation		<ul style="list-style-type: none"> Recommend Highly - 1 Recommend - 19 Recommend with Reservations - 1 Reject - 0

Review Summary of *Body Talk 2: It's a Whole New Language* (2005)