

This list of resources has been compiled by the Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting. Obtain resources by directly contacting individual organizations.

**ETR Associates, 4 Carbonero Way, Scotts Valley, CA 95066.
(831) 438-4060. www.etr.org**

Abstinence

- *Abstinence and Self-Esteem/ Abstinencia Autoestima*, pamphlet. \$16 for 50 copies, \$30 for 100 copies.
- *Abstinence: Think About It/ Abstinencia: Piénselo*, pamphlet. \$16 for 50 copies, \$30 for 100 copies.
- *101 Reasons to Be Abstinent/ 101 Razones Para Practicar La Abstinencia*, pamphlet. \$16 for 50 copies, \$30 for 100 copies.
- *101 Reasons to Make Love Without Doin' It and 101 Ways to Say NO to Sex/ 101 Maneras De Amarnos Sin Tener Sexo y 101 Maneras De Decir NO El Sexo*, pamphlet. \$16 for 50 copies, \$30 for 100 copies, \$56 for 200 copies.
- *101 Reasons to Be Abstinent and 101 Reasons to Be Monogamous/ 101 Razones Para Practicar La Abstinencia y 101 Razones Para Practicar La Monogamia*, pamphlet. \$16 for 50 copies, \$30 for 100 copies, \$56 for 200 copies.

Birth Control

- *Am I Parent Material?/ Pensando En Ser Padre O Madre?*, pamphlet. \$16 for 50 copies, \$30 for 100 copies.
- *Birth Control Facts/ Los Métodos De Control*, pamphlet. \$16 for 50 copies, \$30 for 100 copies.
- *Reducing the Risk: Developing Strategies for Preventing Pregnancy, STDs and HIV*. Student workbook in Spanish that may be used in conjunction with English manual. \$42.95 for teacher's manual (includes one student workbook), \$18.95 for a set of five student workbooks, \$39 for the activity kit.

HIV

- *HIV Facts/ El HIV: Lo Que Todos Deben Saber*, pamphlet. \$18 for 50 copies, \$34 for 100 copies, \$64 for 200 copies.
- *HIV: The Answers/ El VIH: Las Respuestas*, pamphlet. \$16 for 50 copies, \$30 for 100 copies, \$56 for 200 copies.
- *HIV: Think About It/ VIH: Piénselo*, pamphlet. \$16 for 50 copies, \$30 for 100 copies, \$56 for 200 copies.
- *Women and HIV: Think About It: Las Mujeres y El VIH: Piénselo*, pamphlet. \$16 for 50 copies, \$30 for 100 copies, \$56 for 200 copies.
- *Alcohol and HIV: Think About It/ Alcohol y VIH: Piénselo*, pamphlet. \$16 for 50 copies, \$30 for 100 copies, \$56 for 200 copies.
- *Drugs and HIV: Think About It/ Drogas y VIH: Piénselo*, pamphlet. \$16 for 50 copies, \$30 for 100 copies, \$56 for 200 copies.

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Pregnancy

- *Pregnancy Facts/El Embarazo*, pamphlet. \$18 for 50 copies, \$34 for 100 copies, \$64 for 200 copies.
- *Prenatal Care/Cuidado Prenatal*, pamphlet. \$18 for 50 copies, \$34 for 100 copies, \$64 for 200 copies.

Puberty

- *Menstruation Facts/La Menstruación*, pamphlet. \$18 for 50 copies, \$34 for 100 copies, \$64 for 200 copies.
- *Puberty Facts/La Pubertad*, pamphlet. \$18 for 50 copies, \$34 for 100 copies, \$64 for 200 copies.

STIs

- *Bilingual pamphlets on STDs, including Gonorrhea, Herpes and Chlamydia*, pamphlet. \$16 for 50 copies, \$30 for 100 copies, \$56 for 200 copies.
- *Condoms: Think About It/Condomes: Piénselo*, pamphlet. \$18 for 50 copies, \$34 for 100 copies, \$64 for 200 copies.
- *STD Facts/ETS: Las Enfermedades Transmitidas Sexualmente*, pamphlet. \$18 for 50 copies, \$34 for 100 copies, \$64 for 200 copies.
- *STD: Think About It/ETS: Piénselo*, pamphlet. \$16 for 50 copies, \$30 for 100 copies, \$56 for 200 copies.

**Sexuality and Information Council of the United States (SIECUS),
130 West 42nd Street, Suite 350, New York, NY 10036-7802.
(212) 819-9770. www.siecus.org.**

- *Talk About Sex/Hablemos De Sexo*. This booklet helps teenagers communicate more openly and effectively about issues related to sexuality and HIV/AIDS. \$2 per copy.
- *Sexuality Resources from Around the World/Fuentes De La Sexualidad En Todo El Mundo*. Bibliography of books and international organizations. \$3 per copy.
- *SIECUS Guidelines for Comprehensive Sexuality Education: Kindergarten – 12th Grade/Guida Para Una Educación Sexual Integral Para la Juventud Hispana/Latina: Kindergarten – 12th Grado*. Guidelines include a resource section on materials for Hispanic/Latino youth. \$8 per copy.
- *Making the Connections: Sexuality and Reproductive Health/Establecer el Vínculo: Cairo, Sexualidad y Salud Reproductiva*. This guide helps program planners, providers and policy makers worldwide to understand the connection between sexuality and reproductive health. \$1 per copy.

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HEALTH EDUCATION RESOURCES AVAILABLE IN SPANISH

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Campaign for Our Children, 1 North Charles Street, Suite 1100, Baltimore, MD 21201. (410) 576-9015. www.cfoc.org.

- *Don't Like the Odds? Don't Have Sex/No Te Quieres Arriesgar? Dile No El Sexo.* \$20 per copy.
- *Talk to Your Children About Sex/Hable Con Sus Niños Sobre El Sexo.* Free.
- *Brain Battle. Educator's resource curricula.* \$20 per copy.

Planned Parenthood of MN/ND/SD, 1200 Lagoon Avenue, Minneapolis, MN 55408. (612) 823-6568. www.ppmns.org.

- *Unplanned Pregnancy Options*, bilingual pamphlet. A thoughtful decision-making guide for a woman or couple faced with an unplanned pregnancy. 2 – 199 copies, 40 cents each. 200+ copies, 35 cents each.
- *Your Contraceptive Choice*, bilingual pamphlet. Includes information on all contraceptive methods currently available. 2 – 199 copies, 40 cents each. 200+ copies, 35 cents each.

Advocates for Youth, 2000 M Street NW, Suite 750, Washington, DC 20036. (202) 419-3420. www.advocatesforyouth.org.

- *Como Planear Mi Vida.* Bilingual life education curriculum for ages 13 – 18. \$54 per copy.
- *Make a Life for Yourself.* Bilingual workbooks that cover planning for the future, making good decisions about education, careers and parenthood. Appropriate for teachers, parents, teens and other professionals serving youth. \$5 per copy.
- *In Our Own Words: Teens and AIDS.* This bilingual video profiles five teens infected with HIV through unprotected sexual intercourse. \$99.95 per copy.
- *Catalogo Latino Americano y Del Caribe De Materiales Educativos Sobre Salud Sexual Juvenil.* This CD contains the best and most current educational materials developed in Latin American and the Caribbean regarding adolescent reproductive and sexual health. \$10 per copy.
- *Guia Para Abogar Por La Salud Integral De Los/Las Adolescentes, Con Enfasis En Salud Sexual y Reproductiva.* This advocacy kit discusses organizing at the local level to affect policy change related to adolescent reproductive and sexual health in Latin America and the Caribbean. \$30 per copy.
- *Serving the Future.* Results of a detailed survey of nearly 500 adolescent reproductive health Programs in 170 developing countries. \$30 per copy.

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**National Campaign to Prevent Teen Pregnancy, 1776
Massachusetts Avenue NW, Suite 200, Washington, DC 20036.
(202) 478-8500. www.teenpregnancy.org.**

- *Talking Back: Ten Things Teens Want Parents to Know About Teen Pregnancy/Los Jóvenes Responden: Diez Cosas Que Desean Que Los Adultos Sobre El Embarazo En La Adolescencia*, pamphlet. Up to 5 copies, free. 1 – 100 copies, \$1 each. 100+ copies, 70 cents each.
- *Nine Tips to Help Faith Leaders and Their Communities Address Teen Pregnancy/Nueve Consejos Para Ayudar A Líderes Espirituales y Sus Comunidades A Hacerle Frente del Embarazo en la Adolescencia*, pamphlet. Up to 5 copies, free. 1 – 100 copies, \$1 each. 100+ copies, 70 cents each.
- *Ten Tips for Parents to Help Their Children Avoid Teen Pregnancy/Diez Consejos Para Los Padres De Familia: Ustedes Pueden Ayudar A Sus Hijos A Evitar El Embarazo En La Adolescencia*, pamphlet. Up to 5 copies, free. 1 – 100 copies, \$1 each. 100+ copies, 70 cents each.
- *Thinking About the Right-Now: What Teens Want Other Teens to Know About Preventing Pregnancy/Pensemos En Este Momento: Lo Que Los Adolescentes Quien Que Otros Adolescentes Sepan Sobre La Prevención Del Embarazo*, pamphlet. Up to 5 copies, free. 1 – 100 copies, \$1 each. 100+ copies, 70 cents each.

**Wyman Champions for Children and Youth, 600 Kiwanis Drive,
Eureka, MO 63025. (636) 438-5245. www.wymancenter.org.**

- *Teen Outreach Program (TOP)/TOP En Espanol (TOP-E)*. Nationally evaluated and proven effective youth development program. \$395 per copy. Operations manual: \$35 per copy.

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