



Around the State **Let's Talk Month 2009 Calendar**

September 28-29, 2009

It's That Easy!: The Caring Adult's Guide to Raising Sexually Healthy Children Somali Women Professional Only Training

8:30 a.m. - 4:00 p.m.

Center for Families

3333 North Fourth Street, Minneapolis

Cost: \$50 MOAPPP Member/\$85 Non-member

Are you a Somali woman professional? If you work with Somali families of children birth to 18, you are in a unique position to support them in their critical role as sexuality educators for their children. However, sexuality is not always easy to discuss. Come learn tools and techniques to engage parents/caregivers in developmentally appropriate approaches to raising sexually healthy children. Participants receive the *It's That Easy* manual, a comprehensive guide designed to help you work with parents in your community.

For more information and to register, see the [flyer and event registration form](#) (PDF). Click [here](#) to register online. Questions? Contact Jocelyn Broyles at 651-644-1447 x19, jocelyn@moapp.org. **Scholarships are available.**

Co-Sponsored by the Minnesota International Health Volunteers (MIHV) and MOAPPP

October 3, 2009

Growing Up-Mothers and Daughters Connecting

For mother-daughter (ages 9-12) pairs

9:00 a.m. - 12:00 p.m.

Deephaven Education Center

4584 Vine Hill Rd, Excelsior

Cost: \$20/pair; limit first 12 pairs

Growing up female has its joys and challenges! Join us for a popular class that includes a morning of activities and discussions about healthy sexuality. Topics include identifying and naming body parts of both boys and girls, learning about puberty, and sharing stories about growing up. West Suburban Teen Clinic staff provides this workshop. Snacks provided. For registration information go to - www.minnetonkacommunityed.org, to register call 952-401-6812.



Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting

1619 Dayton Ave, Suite 111 • St Paul, MN 55104
651-644-1447 • fax 651-644-1417 • www.moappp.org

October 10, 2009

Growing Up – Parents and Sons Connecting

Parents and sons (ages 10-12) pairs

9:00 a.m. – 12:00 p.m.

Bluff Creek Elementary School

Cost: \$15/pair, limit first 12 pairs

Growing up male has its joys and challenges! PARENT and SON pairs, join us for a morning of fun activities and discussions about healthy sexuality. Topics include learning about puberty in both boys and girls, learning about growing up and identifying communication techniques to help everyone stay healthy and happy. West Suburban Teen Clinic staff provides this workshop. Snacks will be provided. To register call: 952-556-6200 or go to www.ce4all.org.

October 24, 2009

Growing Up-Mothers and Daughters Connecting

For mother-daughter (ages 9-12) pairs

9:00 a.m. – 12:00 p.m.

Hopkins Eisenhower Community Center; Room 207B

1001 Highway 7

Hopkins, MN 55305-4723

Cost: \$20/pair; limit first 12 pairs

Growing up as a young female has its joy and challenges. This powerful workshop includes conversations and activities about puberty, hormones, and healthy sexuality. Mothers (or a caring adult) and daughters are provided support and communication techniques to start the conversations around sexuality. Participants will gain helpful strategies to aid in staying connected through the teen years ahead. West Suburban Teen Clinic staff provides this workshop. Snack provided.

October 27, 2009

Creating a Safe and Supportive Healthy Environment for GLBTQ Youth in our Community

3:00 p.m.—5:00 p.m.

Stillwater Area High School Auditorium

This training is free, but registration is required. RSVP by October 23rd to

http://www.surveymonkey.com/s.aspx?sm=dTJR4_2f169NiDuknx4Mn_2fDQ_3d_3d

REGISTRATION: SPACE IS LIMITED

This training is for school personnel, law enforcement, youth serving agencies, faith communities, mental health providers, chemical health professionals and others working with youth. **Presented by:** *Dr. Eric Meininger, M.D., M.P.H., Internal Medicine, Pediatrics, Adolescent Health*

As a result of this training, participants will be able to:

- Identify strategies for providing one-to-one support to improve the health of gay, lesbian, bisexual, transgender and questioning (GLBTQ) youth.
- Identify resources to help youth who are coming out or questioning.
- Explore the environmental and interpersonal pressures that correlate to risky behavior and high suicide rates among GLBTQ youth or youth who are perceived as GLBTQ.

For more information contact Jen Kowalsky 651-275-8270; jkowalsky@porticohealthnet.org.

Certificates of Attendance will be available



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October 27-28, 2009

It's That Easy: The Caring Adult's Guide to Raising Sexually Healthy Children

8:30 a.m. - 4:00 p.m.

Minneapolis Urban League

2100 Plymouth Ave North, Minneapolis

Cost: \$50 MOAPPP Member/\$85 Non-member

If you work with parents/caregivers of children birth to 18, you are in a unique position to support them in their critical role as sexuality educators for their children. However, sexuality is not always easy to discuss. Come learn tools and techniques to engage parents/caregivers in developmentally appropriate approaches to raising sexually healthy children. Participants receive the *It's That Easy* manual, a comprehensive guide designed to help you work with parents in your community.

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October 31, 2009

Growing Up – Parents and Sons Connecting

Parents and sons (ages 10-12) pairs

9:00 a.m. – 12:00 p.m.

Deephaven Education Center

4584 Vine Hill Rd, Excelsior

Cost: \$20/pair; limit first 12 pair

Growing up male has its joys and challenges! PARENT and SON pairs, join us for a morning of fun activities and discussions about healthy sexuality. Topics include learning about puberty in both boys and girls, learning about growing up and identifying communication techniques to help everyone stay healthy and happy. West Suburban Teen Clinic staff provides this workshop. Snacks will be provided. For registration information go to - www.minnetonkacommunityed.org, to register call 952-401-6812.